



Personal Spiritual Growth:

Philippians 3:10 - I want to know Christ—yes, to know the power of his resurrection and participation in his sufferings, becoming like him in his death,

1. Daily Bible Reading Plan Through The New Testament
2. Daily Corporate Prayer
3. Engage/ Participate in Weekly Worship and Bible Study

Service to Others:

Reconnect with one family or friend each day.

Philippians 2:3-5 - Do nothing out of selfish ambition or empty pride, but in humility consider others more important than yourselves. 4Each of you should look not only to your own interests, but also to the interests of others. 5Let this mind be in you which was also in Christ Jesus:...

- 1.
- 2.
- 3.

Self-Care:

(Example: Dietary changes, water Intake, exercise, increase steps, hygiene, supplements, etc.)

1 Corinthians 6:19-20 - Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; 20 you were bought at a price. Therefore honor God with your bodies.

- 1.
- 2.
- 3.

Break Habits:

(Things that you will stop doing for 50DaysStr8.)

(Example: Stop drinking alcohol, smoking, pornography, sweets, saturated fats, processed foods, etc.)

Galatians 6:8-10 - Those who live only to satisfy their own sinful nature will harvest decay and death from that sinful nature. But those who live to please the Spirit will harvest everlasting life from the Spirit. 9 So let's not get tired of doing what is good. At just the right time we will reap a harvest of blessing if we don't give up.

- 1.
- 2.
- 3.

Financial Empowerment:

(Example: Savings Account, Retirement Account, College Fund, Life Insurance, Shopping Moratorium, Couponing, Tithing/Giving)

Philippians 4:19 - And my God will supply all your needs according to His riches in glory in Christ Jesus.

- 1.
- 2.
- 3.

Create Community:

Recruit Three People To Do 50DaysStr8 with You.

Acts 2:1 - When the day of Pentecost came, they were all together in one place.

- 1.
- 2.
- 3.



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